

# RESULTS BASEBALL PERFORMANCE

## BASEBALL LESSONS

PRO BASEBALL PLAYER INSTRUCTION  
HITTING and FIELDING DRILLS

Fernando Vina

MLB PRO (1993-2005) 2-time Gold Glove  
1998 MLB National League All-Star  
TV Analyst for Oakland A's and ESPN



*RESULTS is proud to announce Fernando Vina as our baseball instructor. Fernando's knowledge combined with teaching sound fundamental baseball skills takes baseball lessons to another level. He really connects with his players with his innate energy and positive approach.*

*"Fernando was awesome teaching both of my sons the fundamentals of fielding and hitting....This has been by far the best baseball instruction my sons have ever had!" Tim Whiting, father of Sam and Zach Whiting*

### Sessions:

Individual 1 hour: \$90.00  
Individual 30 mins: \$60.00

### GROUPS:

2 players x 1 hour \$100  
3 players x 1 hour \$120

TEAM CLINICS: 1 hour \$250.00

Location: RESULTS 9500 Micron, #106 Sacramento, CA 95827

**RESULTS**  
PHYSICAL THERAPY AND TRAINING CENTER

Call to sign up: (916) 362-4342  
Web: [www.resultstherapy.com](http://www.resultstherapy.com)